

Working with Families Impacted by IPV

IPV-FAIR

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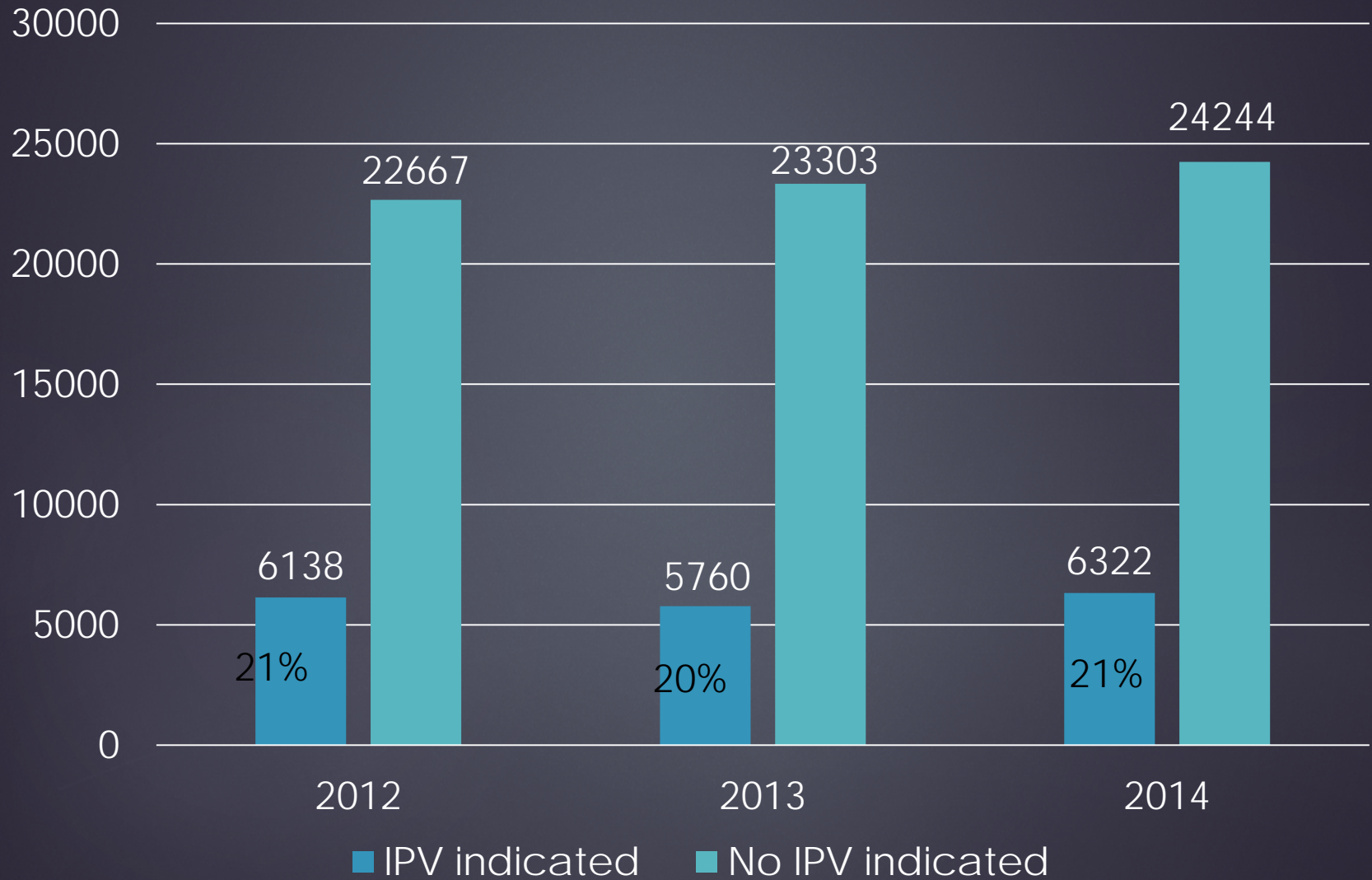
Overview of Presentation

- ▶ IPV in CT
- ▶ Agency IPV Practice Transformation
- ▶ IPV Service Array
- ▶ Evaluation & Outcomes
- ▶ Recommendations

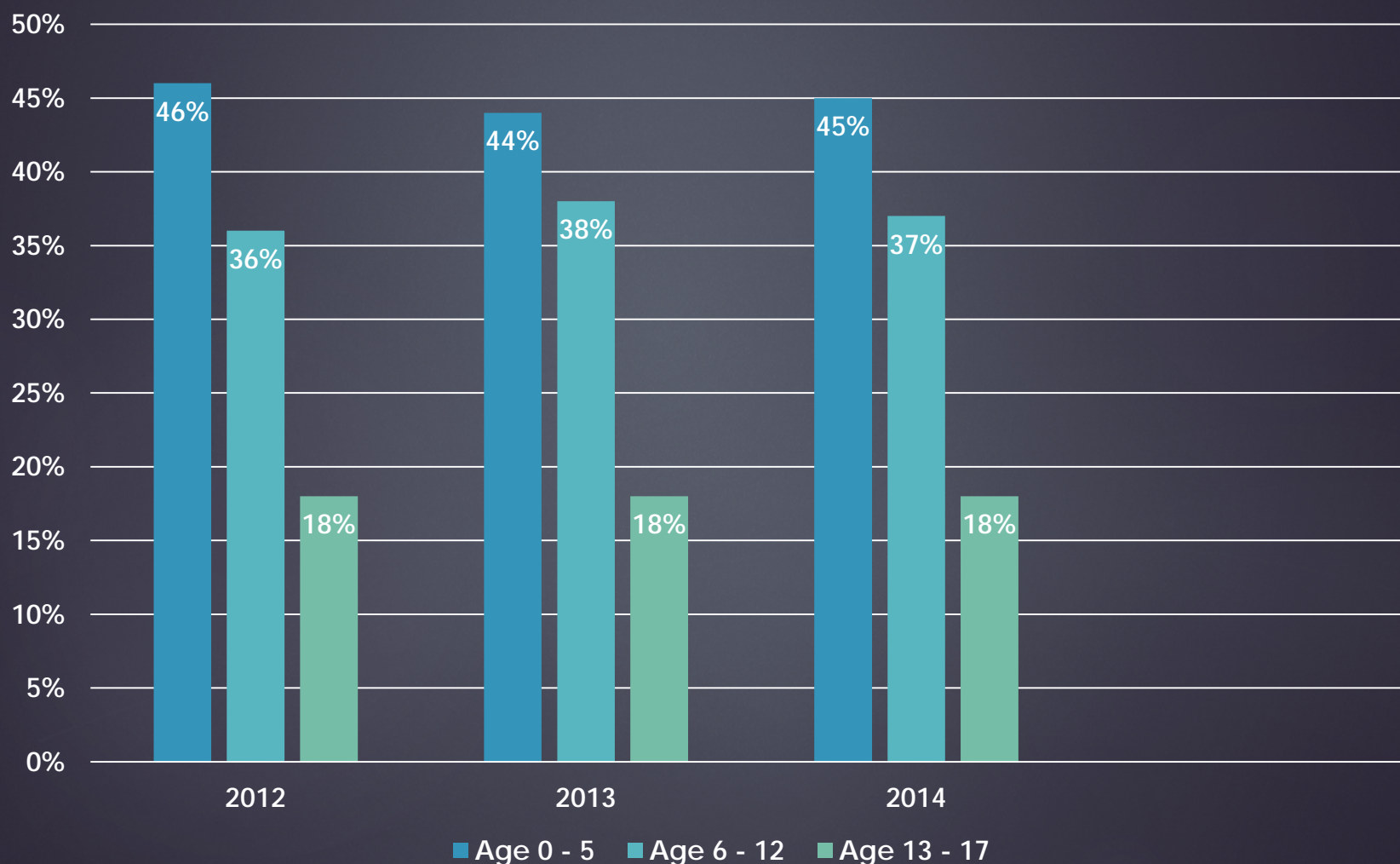
Families Impacted by IPV & Children Exposed to Trauma:

- ▶ In families where there is IPV children are at a higher risk for maltreatment...from both parents
- ▶ In a study of preschoolers ($N=397$), mothers who endorsed physical IPV were more than 4 times more likely than non-victims to endorse behaviors characteristic of physical (31% vs. 10%) and emotional (61% vs. 18%) maltreatment of children
- ▶ 40-60% of men who abuse their partner also abuse their children

of DCF Intake Reports

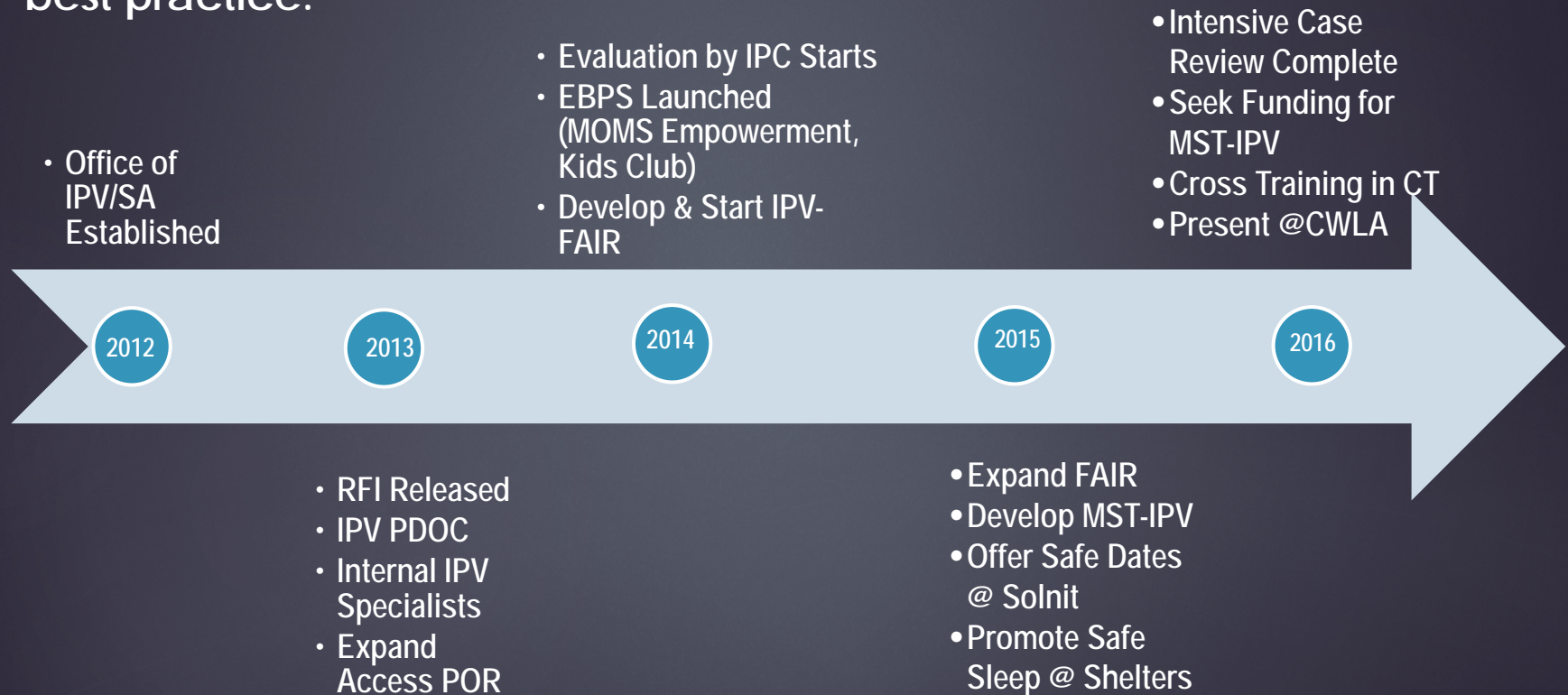


Age of Victims Associated with Reports w/ indicator of IPV



PE 1: Office of IPV and SU Intimate Partner Violence Service System Development

In 2012, DCF, after assessing CT's current IPV landscape, set forth a vision for what a comprehensive and holistic approach to an IPV service system should look like that was grounded in literature and best practice.



Working with the IPC on IPV

- ▶ Evaluation and Recommendations of Service Array
- ▶ Procedure
 - ▶ IPV-Specialist Utilization
 - ▶ Training Strategies
 - ▶ Assessment tools and strategy
- ▶ Policy
 - ▶ Reviewing National Best Practices
 - ▶ Training competencies
 - ▶ Update IPV Policy at DCF
- ▶ Data Collection and Analysis

PE 1: Office of IPV and SU - Intimate Partner Violence Service Array

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Risk						
	Age	Prevention	Low	Moderate	High	Capacity
Fathers for Change	0-10					220-330
IPV-FAIR	0-18					220-330
MOMS Empowerment/Kids Club	0-18					shelters
SAFE DATES	10-18					All schools
MST-IPV*	6-18					21

- Fathers for Change – Innovative model designed in CT – Emphasizes engaging & serving men.
- FAIR – Connecticut designed model based on best practice – Unique design – CT in forefront.
- Moms Empowerment & Kids club – Collaboration with CCADV Shelters.
- Safe Dates – Collaboration with CCADV – Training provided to Ct Municipal Schools. Plus one group run at Solnit North.
- MST-IPV – Collaboration with Casey Services and Model developers of MST-BSF. Funding needed for Implementation (development pending)

IPV-FAIR: Family Assessment Intervention Response

- ▶ Statewide, Voluntary
- ▶ Intensive community based intervention
- ▶ Engage and Assess all family members
- ▶ Individualized treatment & safety plans (EBP: VIGOR)
- ▶ Direct services for all family members: in home and clinical setting
- ▶ Care coordination & Family Navigation to other services
- ▶ Fathers for Change

Intimate Partner Violence

- ▶ 15.5 million children in the US live in households where IPV occurred in the last year
- ▶ 16% have witnessed IPV at least once
 - ▶ Adjustment problems, cycle of violence



IPV in CT



- ▶ 90% of women seeking shelter services are mothers
- ▶ 75% of children involved with DCF have documented IPV exposure
- ▶ 57% of IPV-related arrests involve children present
- ▶ 50% of youth involved with juvenile justice services have a history of IPV exposure
- ▶ 25% of women receiving prenatal services report ongoing IPV

DCF Reports (2014)

- ▶ Total Reports: 29,313
- ▶ Reports with allegations of IPV: 6,324 (20.7%)
- ▶ Substantiation Rates
 - All reports: 22.7%
 - IPV reports: 48.0%
- ▶ Case reviews have shown up to 70% of families have a history of IPV

IPV-FAIR Model

- ▶ 4-6 month intervention; 1-3x/week
- ▶ Assessment and engagement of ALL family members
 - ▶ Priority: children 0-5
- ▶ Individual and family interventions based on assessed needs
- ▶ Began July 2015

Safety Planning: VIGOR

- ▶ Developed by Sherry Hamby, Ph. D. and Sarah Clark
- ▶ Personalized, detailed safety plan
- ▶ Can be used/revisited multiple times
- ▶ Identifies goals, risks, strengths, resources, and protective strategies
- ▶ <http://www.thevigor.org/vigor-safety-planning-tool/>

Clinical Interventions

- ▶ May include, but not limited to:
 - ▶ Fathers for Change
 - ▶ Cognitive Behavioral Therapy
 - ▶ Genograms
 - ▶ Trauma Focused Cognitive Behavioral Therapy
 - ▶ Psychotherapy
 - ▶ “Beyond Trauma” (Stephanie Covington)
 - ▶ “Seeking Safety” (Lisa Najavits)
 - ▶ “Child and Family Traumatic Stress Intervention” (Berkowitz, Stover, & Marans)

Fathers for Change

- ▶ One aspect of IPV-FAIR
- ▶ Acknowledges status of men as fathers in delivery of IPV intervention
- ▶ Addresses co-morbid substance abuse disorders and IPV perpetration
- ▶ Emphasis on paternal parenting

Non-Clinical Interventions for Family Navigators

- ▶ Case management
- ▶ Psycho-education
- ▶ Family engagements
- ▶ Skill-building
- ▶ Addressing logistic barriers to accessing treatment
- ▶ Connections to community resources



FAIR Data: Year 1

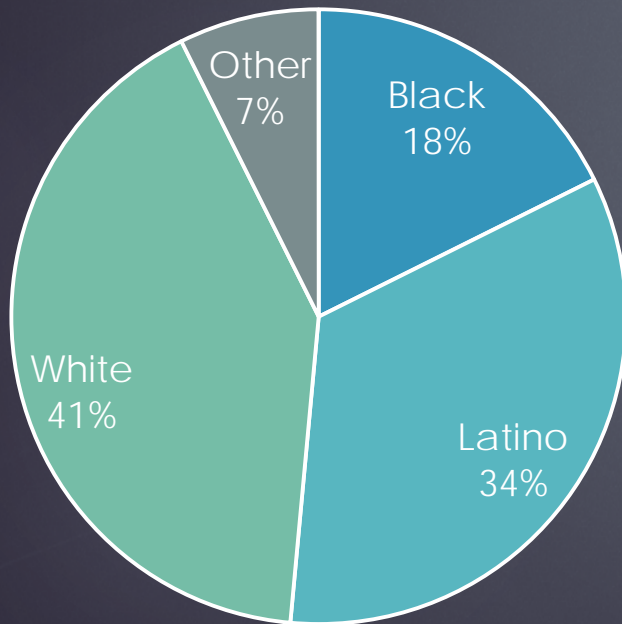
- ▶ 168 families, 237 children
- ▶ 133 Moms, 70 Dads
 - ▶ 46 youth assessments completed
 - ▶ 14 post assessment completed for youth
 - ▶ 24 post assessments completed for Dads
 - ▶ 36 post assessments completed for Moms
- ▶ 113 discharges
 - ▶ 58% meet all treatment goals

Demographics

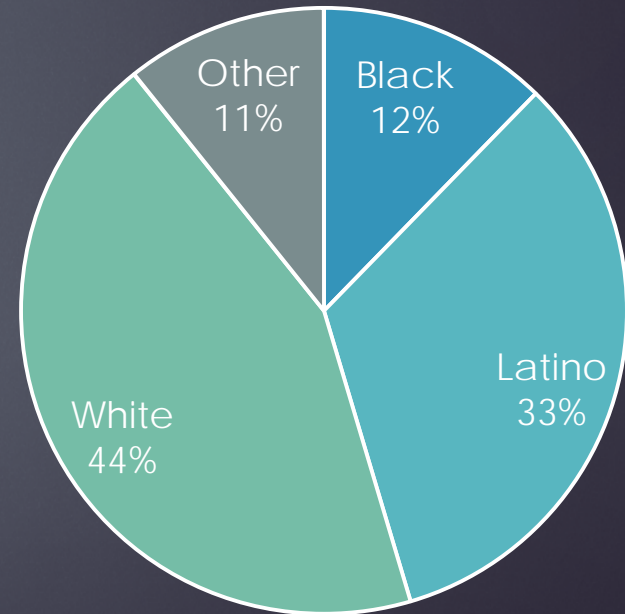
Mom Age: 19-52 (ave. 30, median 29)

Dad Age: 21-66 (ave. 33, median 32)

Dads' Ethnicity

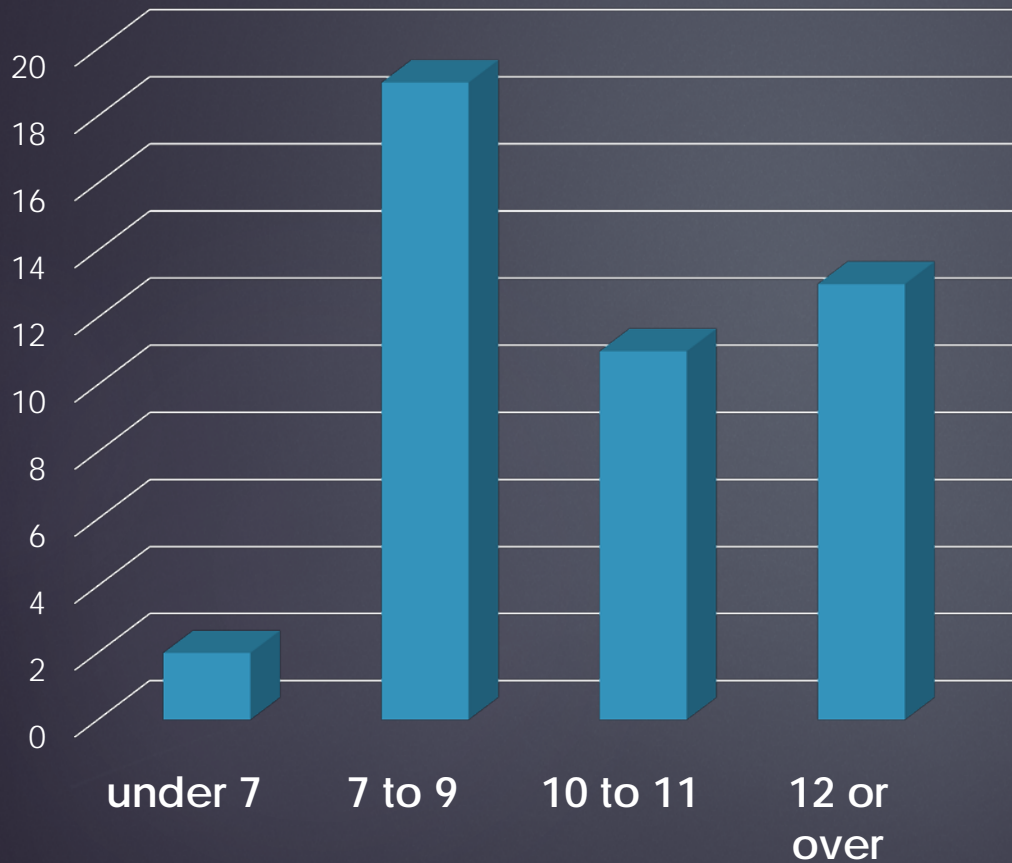


Moms' Ethnicity

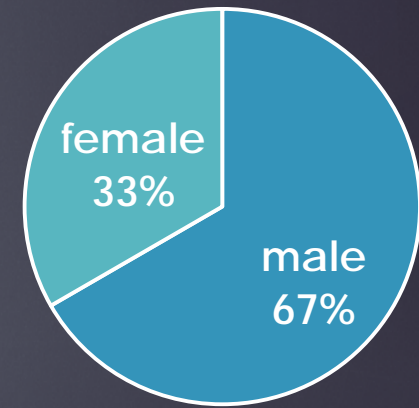


Youth Assessments

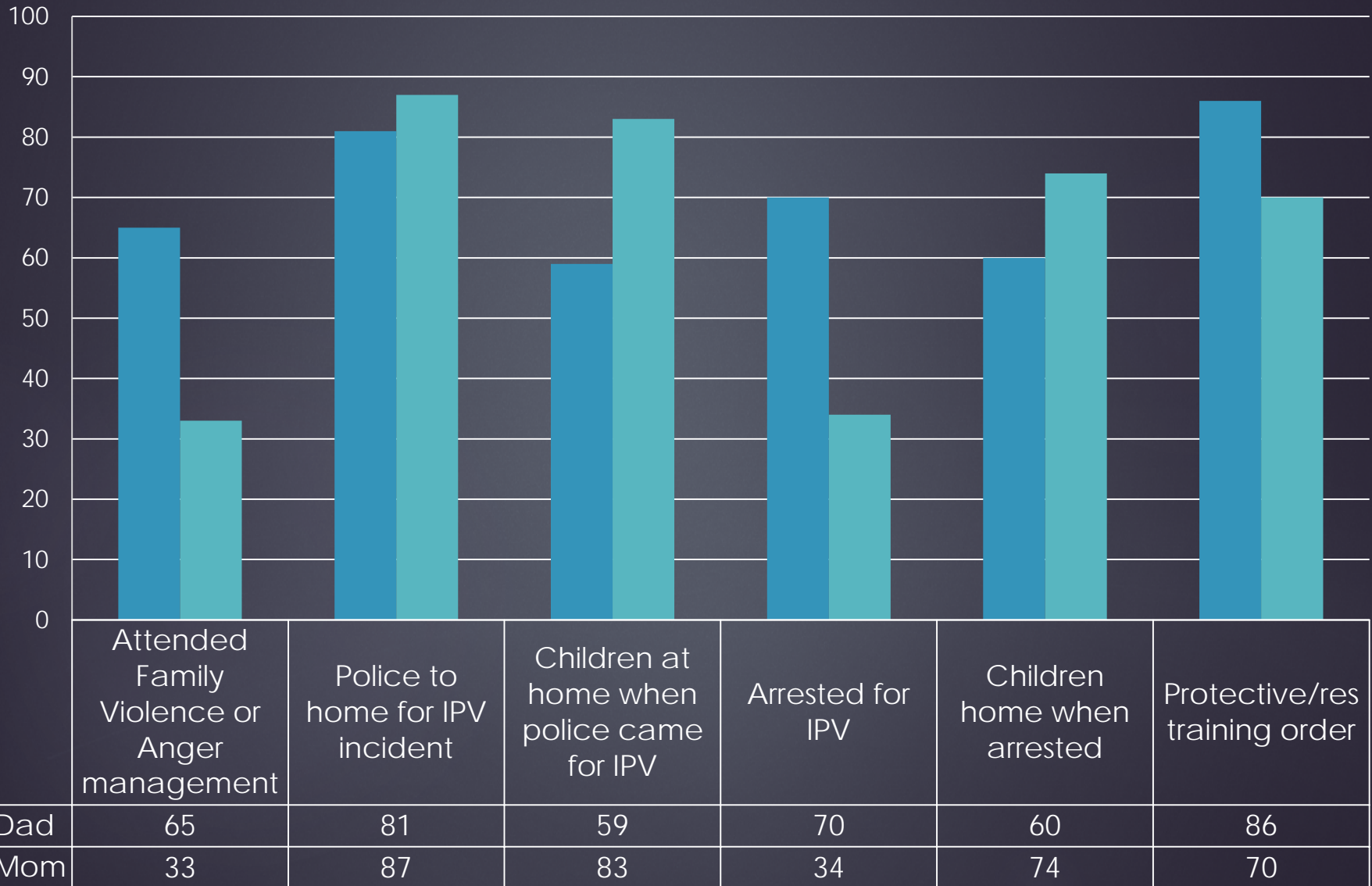
Youth Ages



Youth Gender



Prior Experience With IPV (%)



Child Exposure to Violence



Have adults in your home ever slapped, punched, shoved, or kicked you?

▶ 25.6% yes

Have you ever thought someone was going to hurt or kill someone you love?

▶ 16.3% yes

Have adults in your home ever hit you so hard you had bruises or red marks?

▶ 14% yes

Has anyone ever made you feel so scared that you thought they might badly hurt or kill you?

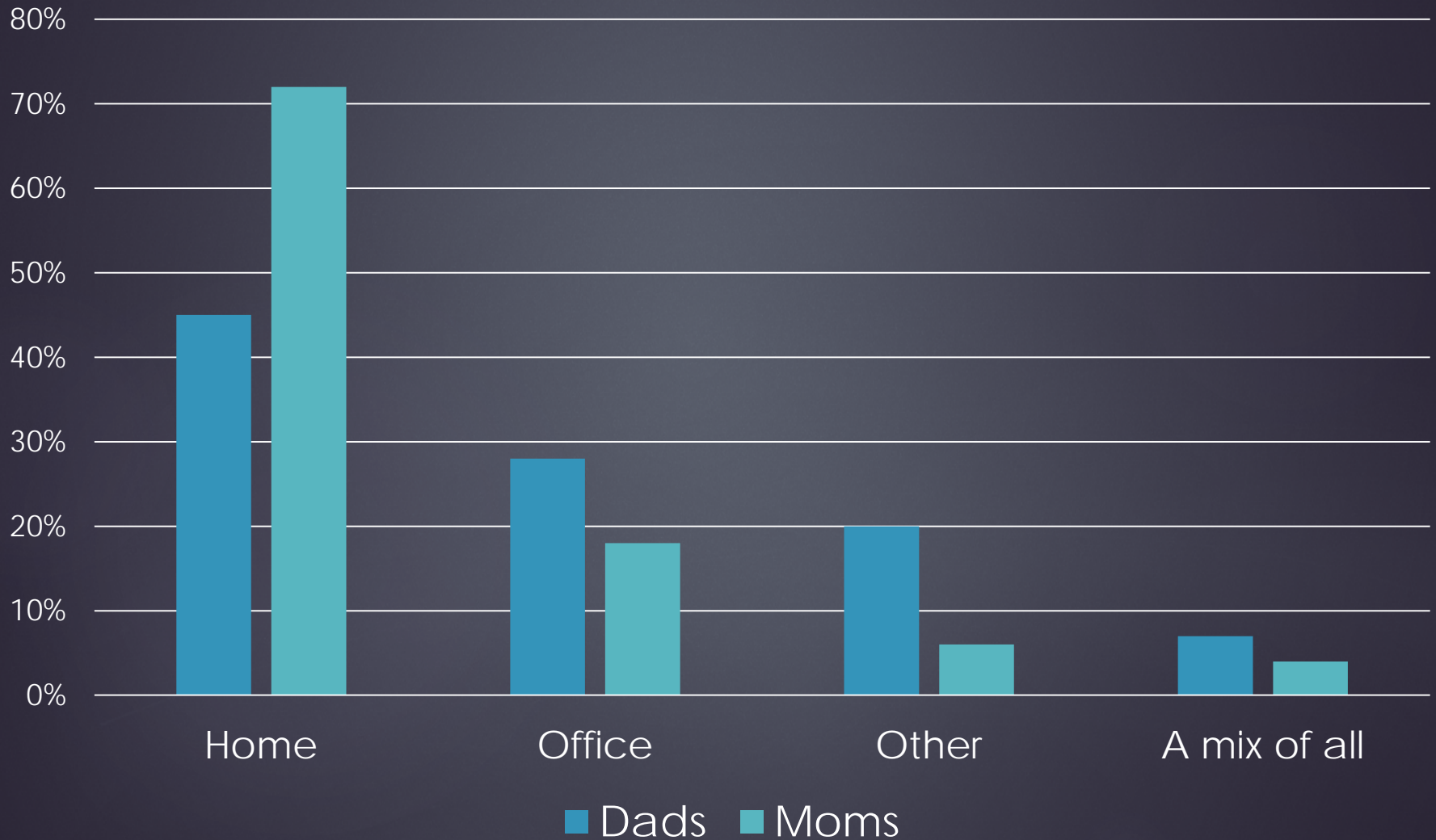
▶ 11.6% yes

Has anyone ever told you they were going to hurt or kill you?

▶ 9.3% yes

Home and Office Based Intervention

Where were most of your sessions held?



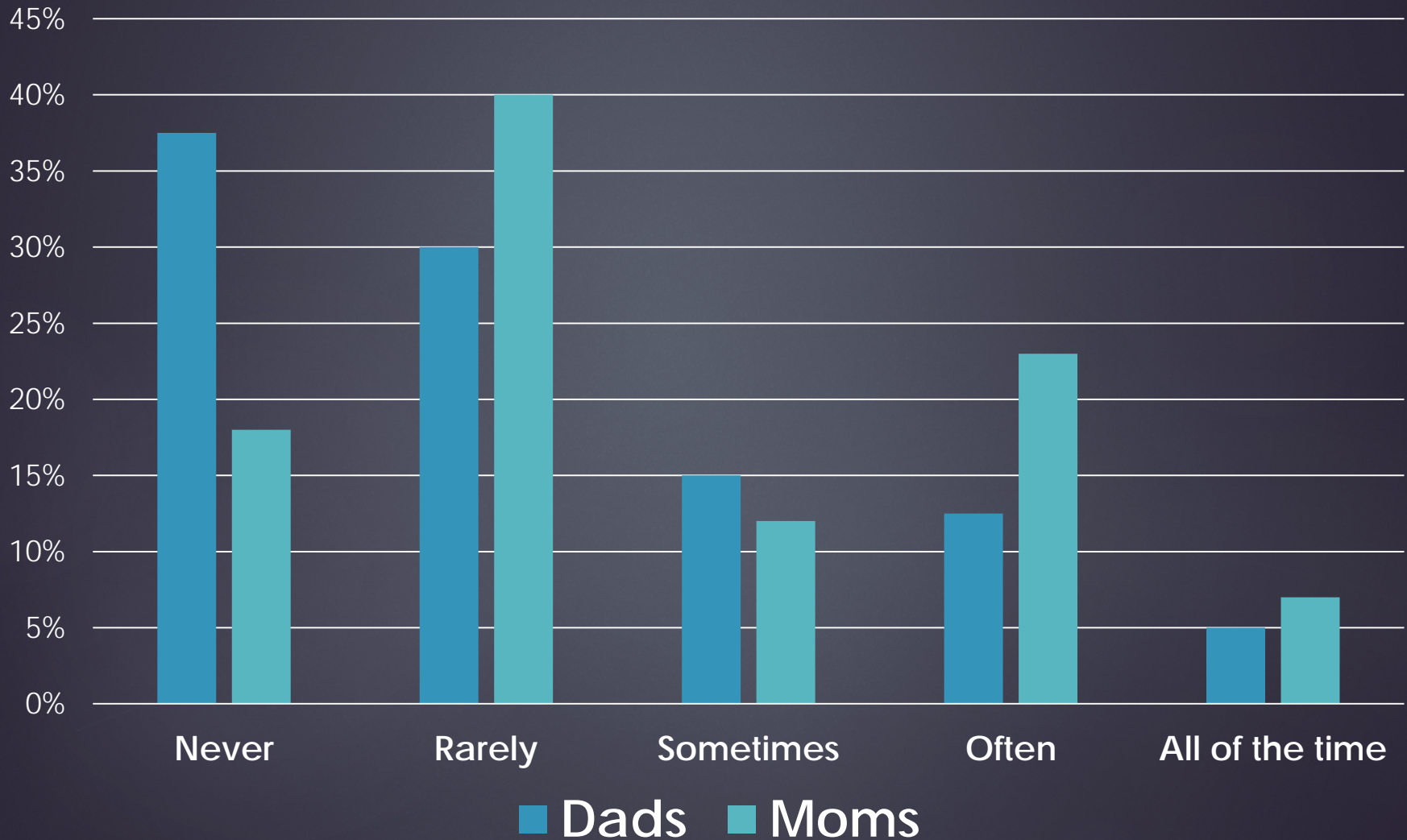
Intervention Sessions



- ▶ 68% of clinicians reported conducting sessions with dad and children together
- ▶ 58% of dads and 29% of moms attended sessions with their partner
- ▶ 40% of dads and 35% of moms are reported to have stopped engaging in treatment

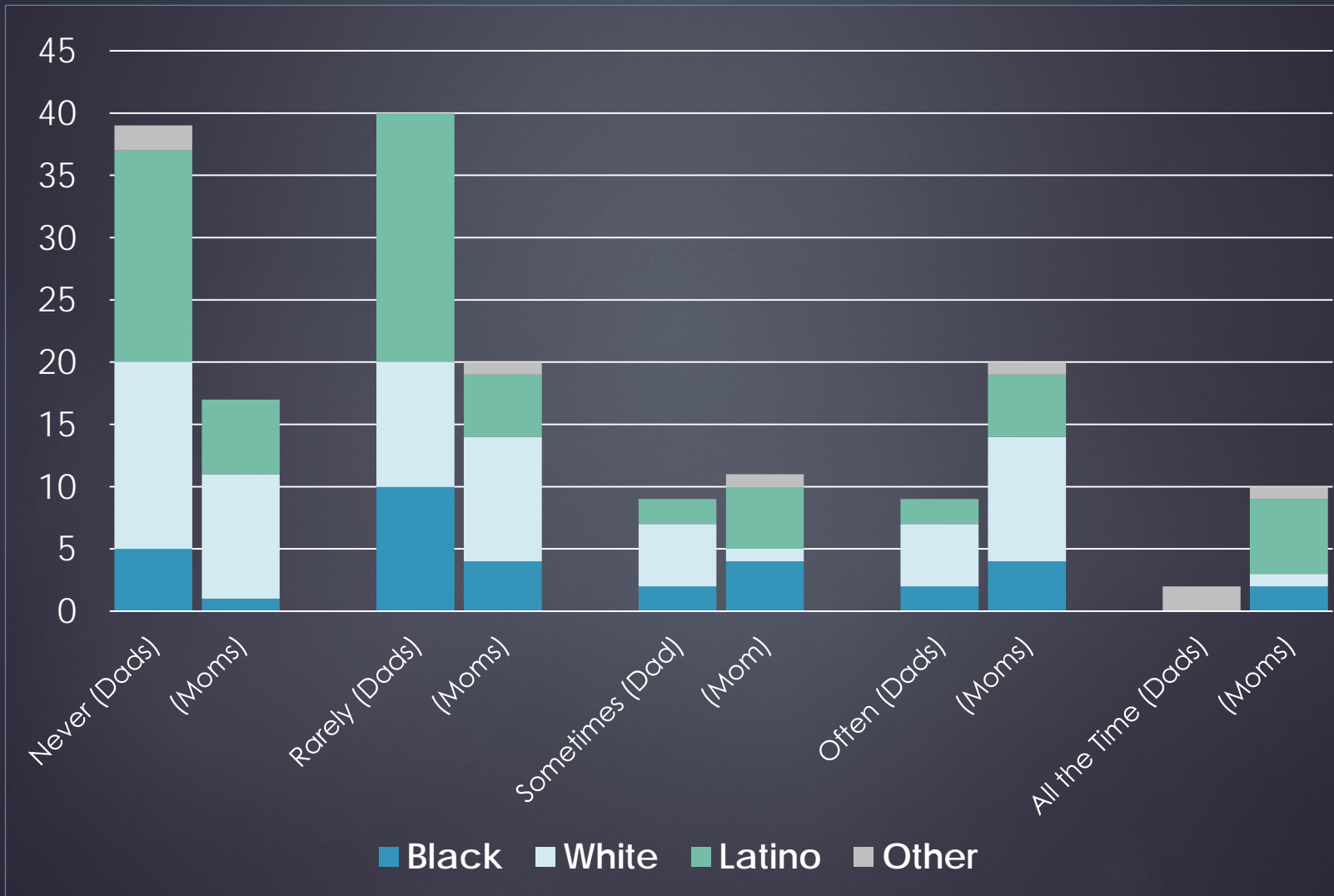
Engagement

How often did the client cancel appointments?

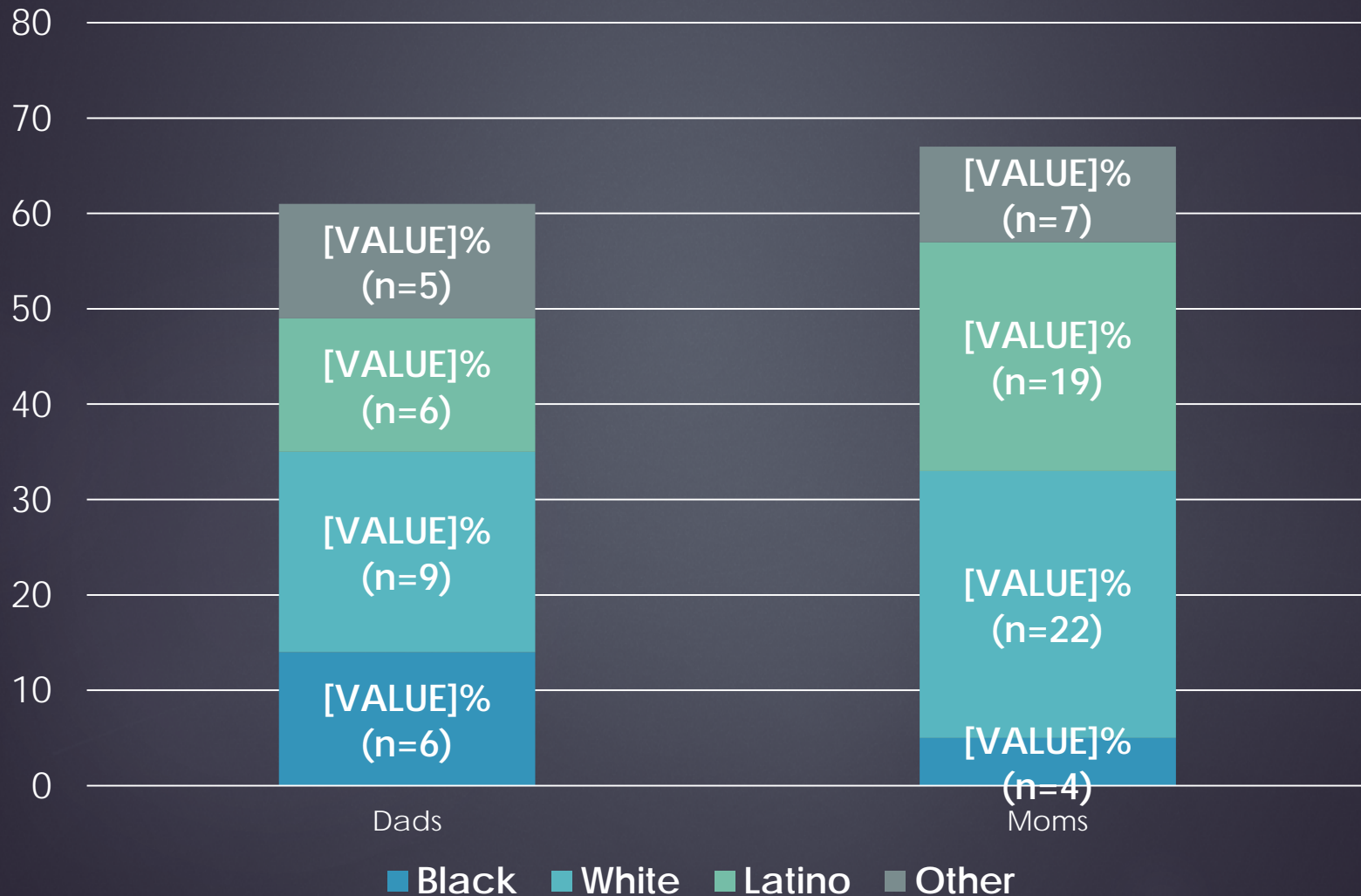


Engagement, by race

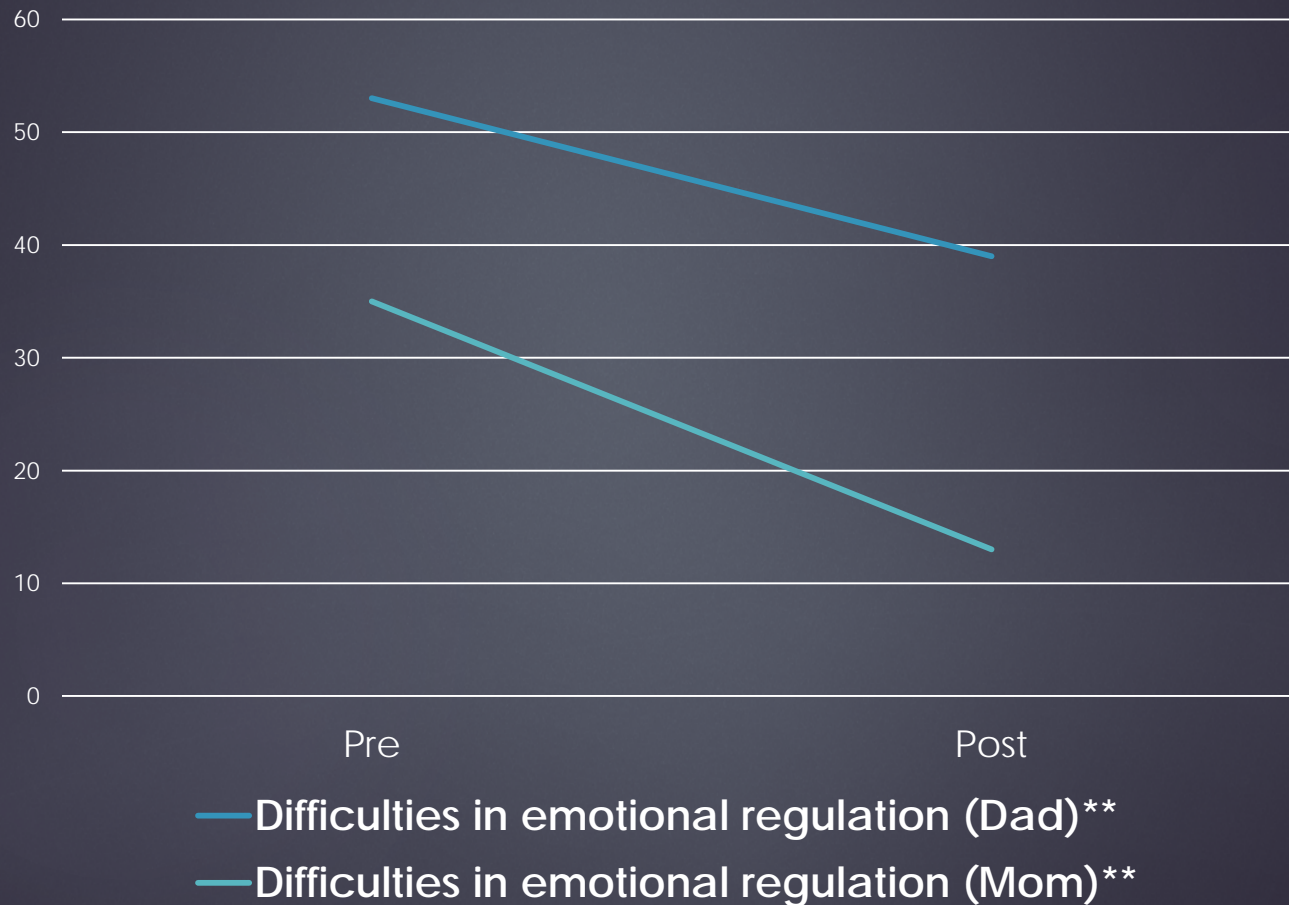
How often did this client cancel an appointment with you?



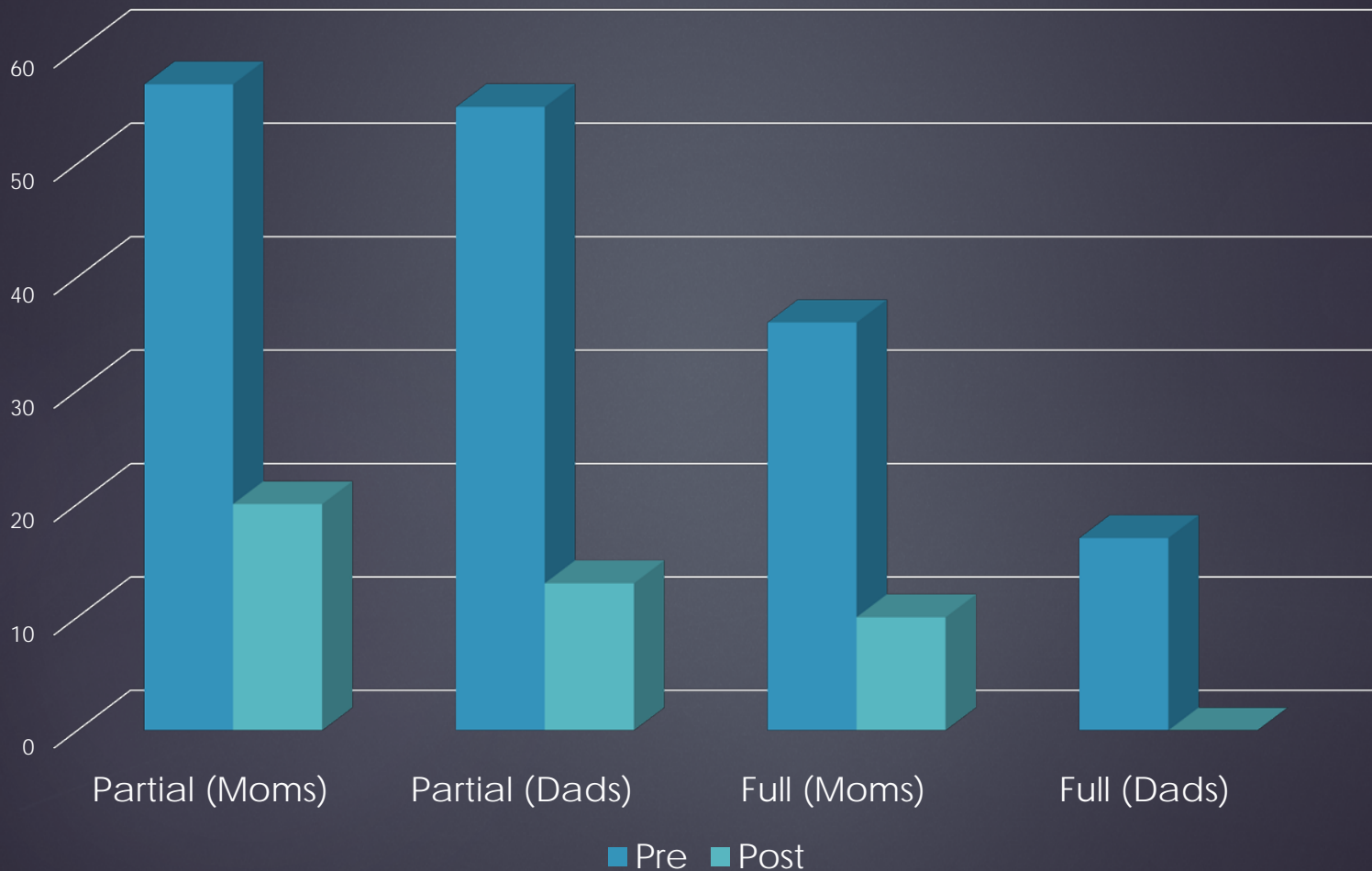
Percent of clients who have met treatment goals, by race



Emotional Regulation

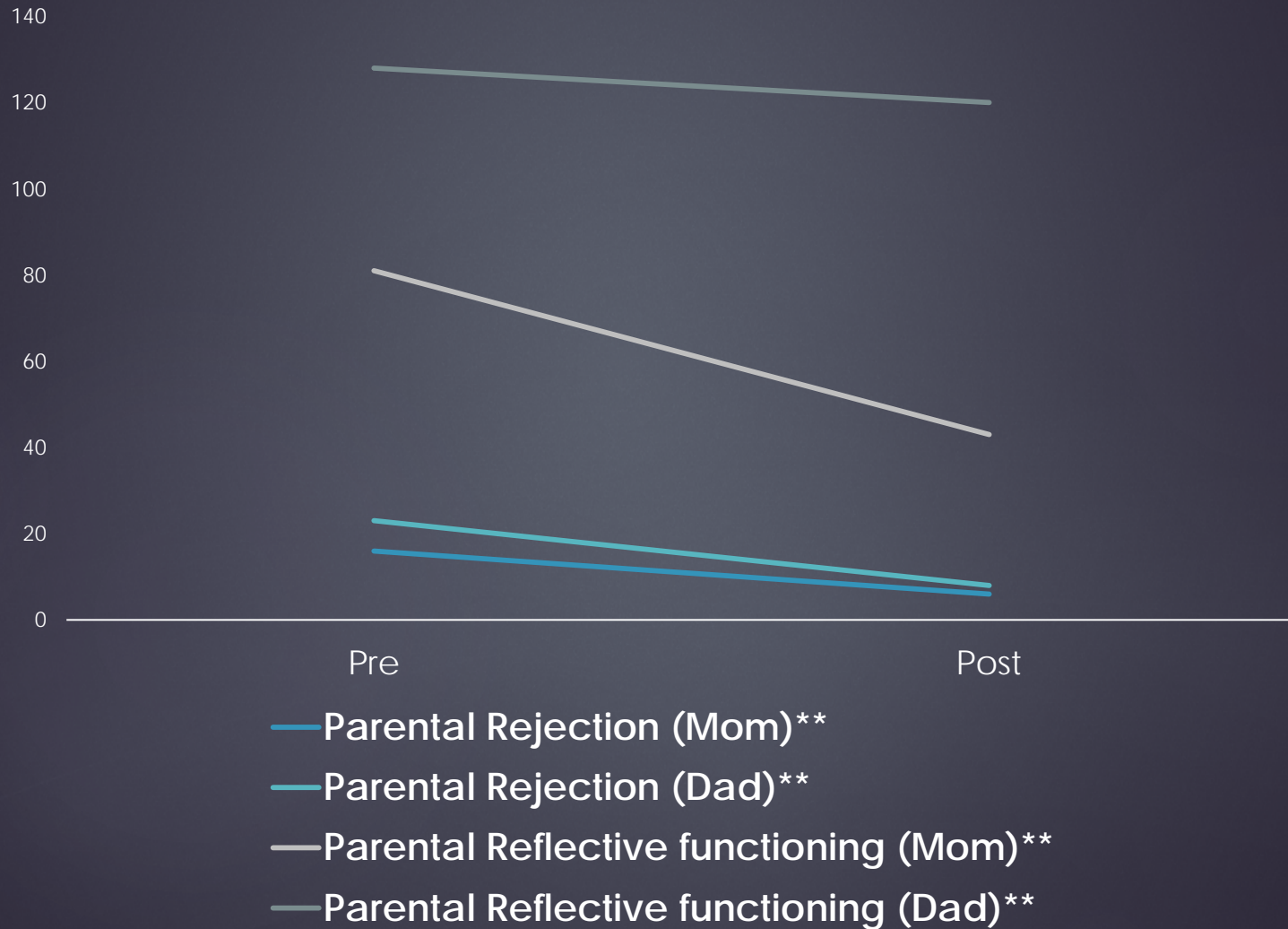


PTSD: Full and Partial

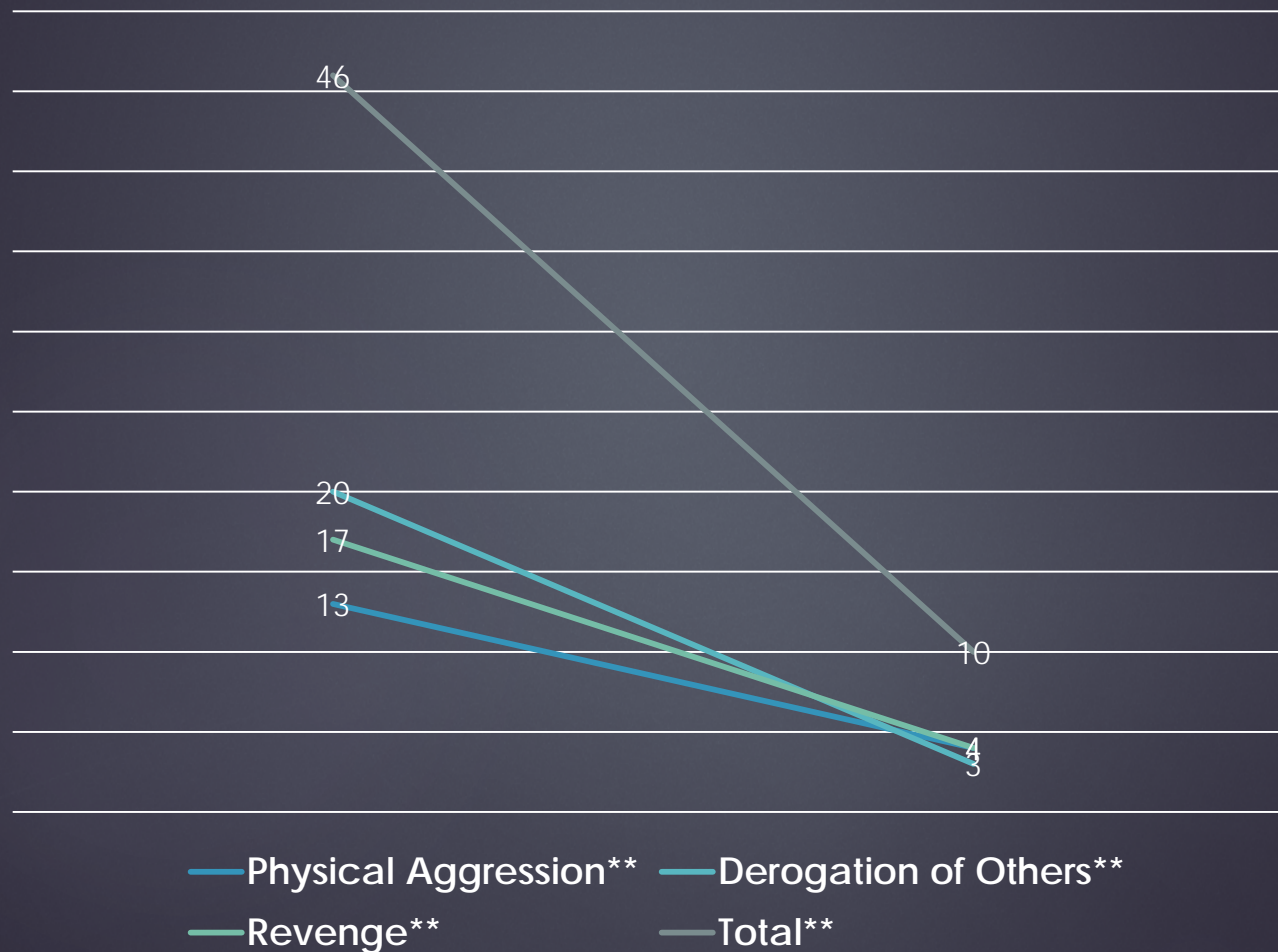


% of sample who meet clinical criteria for PTSD

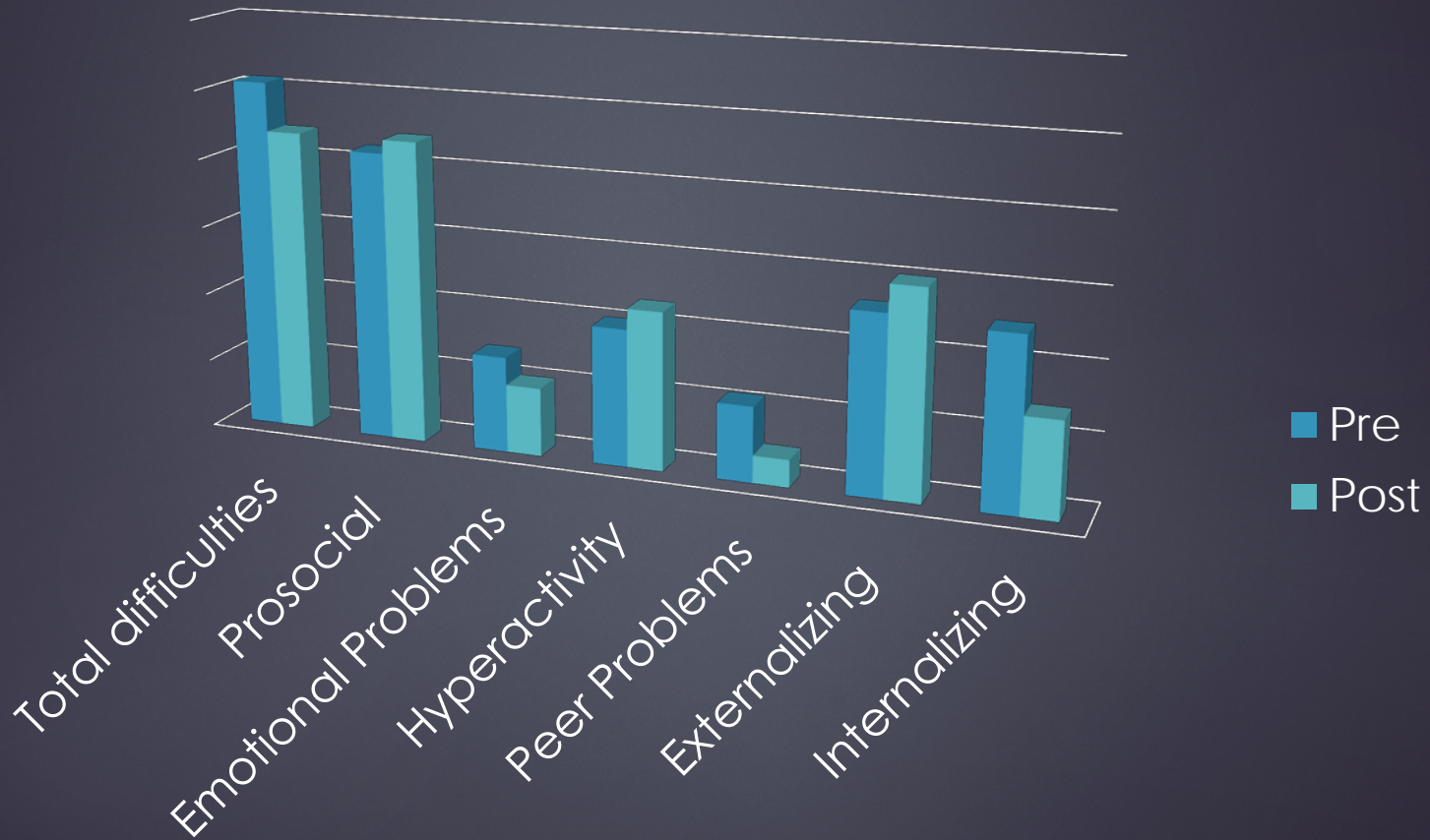
Parental Functioning



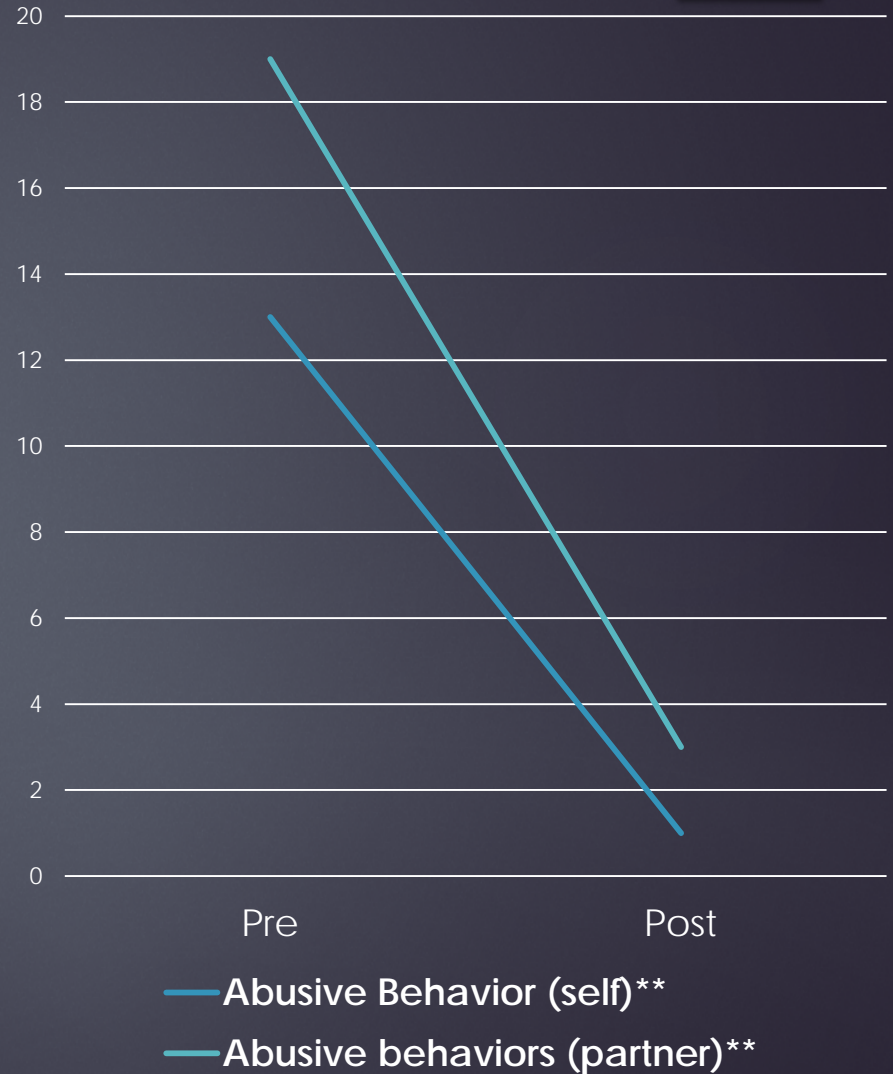
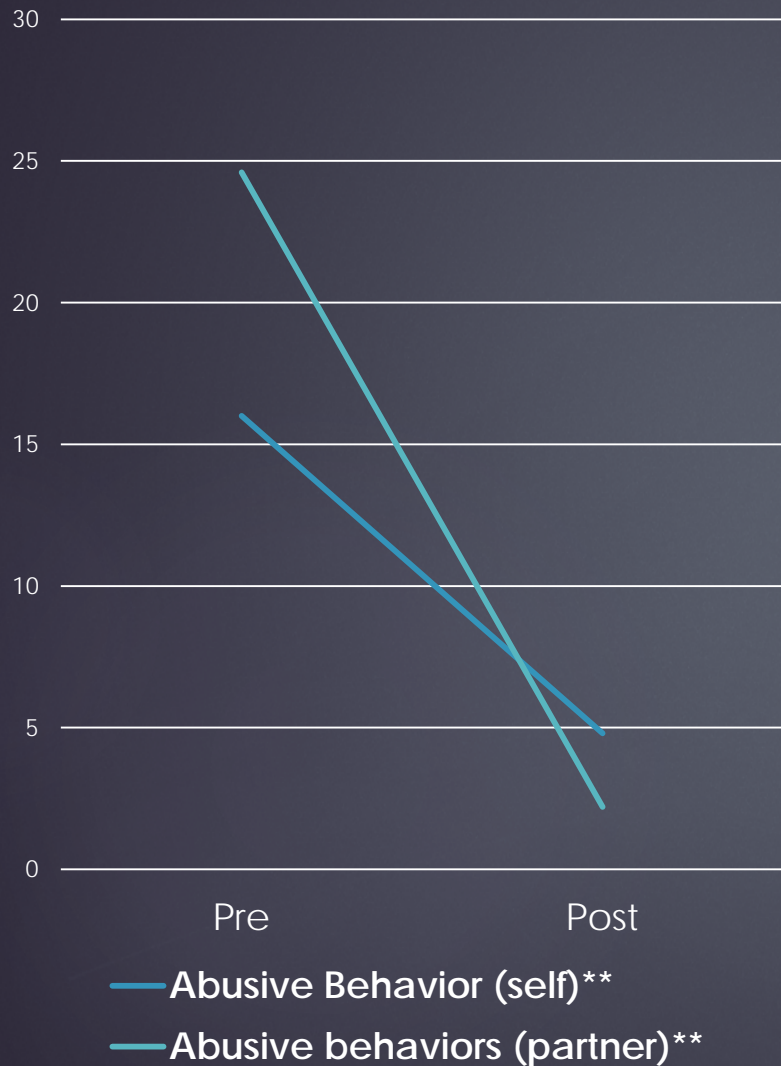
Hostile Automatic Thoughts (Dad)



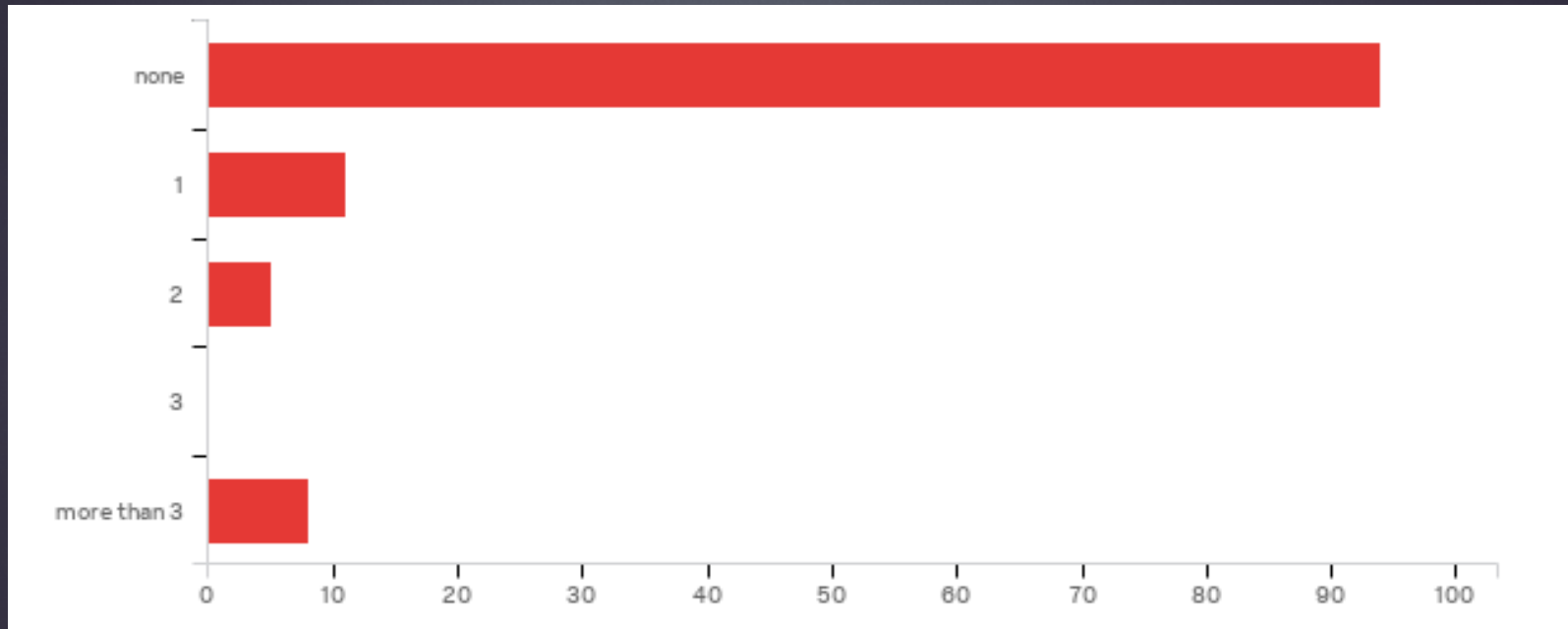
Youth Strengths and Difficulties



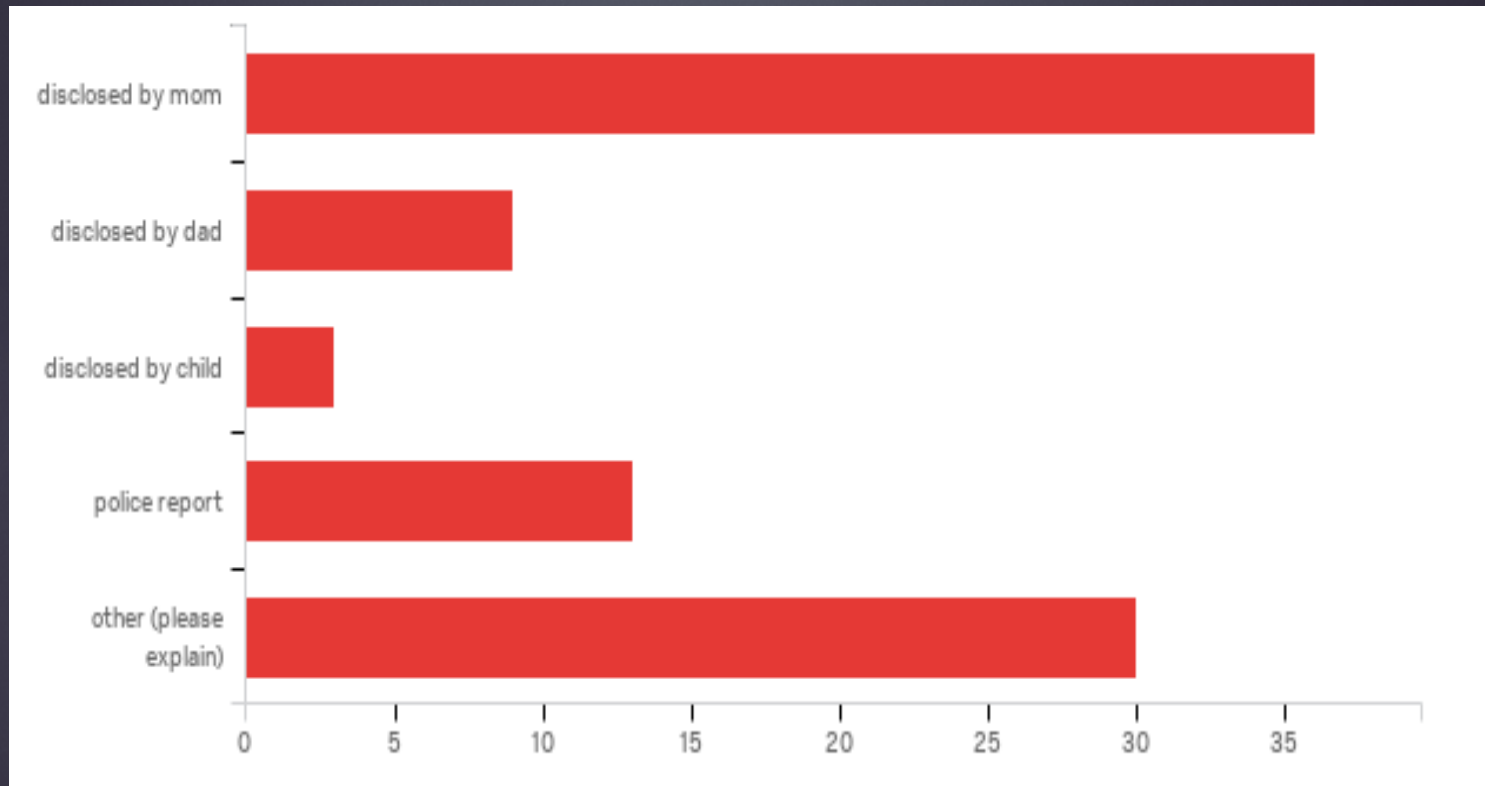
Abusive Behavior Inventory



Episodes of IPV during treatment



How do you know the IPV occurred?



Next steps working with DCF families impacted by IPV

- ▶ Strengthen workforce capacity
- ▶ Increase cross agency collaboration & communication
- ▶ Improve data infrastructure
- ▶ Support the implementation of data driven practice
- ▶ Increase public awareness
- ▶ Case Review Analysis
- ▶ Feedback from IPV-FAIR participants
- ▶ Model refinement

Questions?

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